



<https://www.childbereavementuk.org/>

<https://www.walthamforest.gov.uk/health-and-wellbeing/support-and-community-services-your-area/you-and-me-counselling>

<https://www.walthamforest.gov.uk/births-deaths-and-marriages/deaths/coping-bereavement>

<https://www.nspcc.org.uk/advice-for-families/family-bereavement-how-to-support-children-through-grief-and-loss/>

