

WEEK 1 - w/c 2nd Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec

	Monday	Tues day	Wednesday	Thurs day	Friday
Breakfast Club	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit & Yoghurt
Choice A	Chicken Sausages served with Mashed Potato, Peas & Gravy	Meatballs in a Rustic Tomato Sauce served with Spaghetti & Runner Beans	Roast Chicken Drumstick served with Roast Potatoes, Shredded Cabbage & Gravy	Minced Lamb Shepherds Pie served with Sliced Carrots & Peas	Baked Fish Fillet served with Chipped Potatoes & Peas
Choice B	Quorn Chilli-con-Carne served with Rice & Mixed Vegetables	Chunky Vegetable Curry with Rice & Sweetcorn	Mediterranean Roasted Vegetables with Jewelled Couscous & Peas	Chunky Vegetable Pasta Bake served with Carrots & Peas	Quorn Nuggets served with Chipped Potatoes & Baked Beans
Choice C	Quorn Sausages served with Mash Potato, Peas & Vegetarian Gravy	Cauliflower & Broccoli Bake served with Runner Beans & Sweetcorn	Chinese Vegetable Stir Fry with Noodles & Shredded Cabbage	Quorn Shepherds Pie served with Carrots & Peas	
A Choice of Desserts	Chocolate Sponge Served with Custard	Jelly & Fruit Pot	Peach Slices with Frozen Yoghurt	Carrot Cake Served with Custard	Homemade Cookies
	Apple Compote or Fruit Yoghurt	Cream Crackers with Cheese	Apple Compote or Fruit Yoghurt	Jelly Pot	Raisin & Sultana Bag
	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters
Teatime Club	Fish Fingers served with Wholemeal Spaghetti Hoops	Vegetable Pasta Bake & Salad	Pizza & Mixed Salad	Cheese & Onion Slice served with Salad	A Selection of Filled Tortilla Wraps
	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit



Daily Fresh Baked Bread & Fully Loaded Salad Bar

Menu items are subject to availability and catered to all food intolerances



WEEK 2 - w/c 9th Sept, 30th Sept, 28st Oct, 18th Nov, 9nd Dec

	Monday	Tues day	Wednesday	Thurs day	Friday
Breakfast Club	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit & Yoghurt
Choice A	Minced Lamb Bolognese served with Spaghetti & Mixed Vegetables	Jacket Potato with a Choice of Fillings- Cheese, Beans or Tuna & Sweetcorn	Roasted Lemon & Herb Chicken Drumstick served with Roast Potatoes, Peas & Gravy	Beef Curry served with Plain Rice & Sweetcorn	Baked Fish Fillet served with Chipped Potatoes & Beans
Choice B	Sweet & Sour Vegetables served with Rice & Sweetcorn	Chunky Vegetable Curry served with Rice & Sweetcorn	Fish Pie (includes Salmon) served with Roasted Vegetables & Peas	Sweet Potato & Chick Pea Curry served with Rice & Carrots	Cheese Flan served with Chipped Potatoes & Peas
Choice C	Quorn Bolognese served with Spaghetti & Mixed Vegetables	Chunky Vegetable Pasta Bake served with Sliced Carrots	Rice Bake served with Peas	Vegetable Fajitas served with Carrots & Sweetcorn	
A Choice of Desserts	Cherry Crumble served with Custard	Decorated Mousse	Rice Pudding served with Jam Compote	Decorated Sponge Served with Custard	Homemade Cookies
	Apple Compote or Fruit Yoghurt	Jelly Pot	Fruit Yoghurt	Cream Crackers with Cheese	Raisin & Sultana Bag
	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters
Teatime Club	Oven Baked Fishcake served with Sweetcorn & Coleslaw	Beans or Cheese on Wholemeal Toast	Baked Quorn or Chicken Nuggets with Salad	Quorn or Chicken Sausage served with Mashed Potatoes & Beans	A Selection of Filled Sandwiches
	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit



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WEEK 3 - w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec,

	Monday	Tues day	Wednesday	Thurs day	Friday
Breakfast Club	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt	Selection of Wholegrain Cereals, Fruit, Yoghurt & Toast	Selection of Wholegrain Cereals, Fruit & Yoghurt
Choice A	Italian Style Pizzas with a Selection of Toppings— Margarita or Mixed Peppers served with Sliced Carrots & Sweetcorn	Meat Lasagne served with Green Beans & Sweetcorn	Roasted Chinese Chicken Drumstick served with Shredded Cabbage, Roast Potatoes & Gravy	Chicken Curry served with Rice & Sliced Carrots	Baked Fish Fillet served with Chipped Potatoes & Peas
Choice B	Stir Fry Vegetables served with Noodles & Sweetcorn	Quorn Curry served with Rice & Green Beans	Sweet & Sour Quorn served with Rice & Sweetcorn	Mixed Vegetable Chilli served with Rice & Sweetcorn	Cheese & Onion Slice with Chipped Potatoes & Baked Beans
Choice C	Minced Lamb Chilli-con-Carne served with Rice & Peas	Moroccan Bean Tagine with Jewelled Couscous & Sweetcorn	Leek & Lentil Bake served with Cabbage & Sweetcorn	Macaroni Cheese served with Carrots & Sweetcorn	
A Choice of Desserts	Blueberry Cupcake served with Custard	Chocolate Cracknell served with Custard	Jelly & Fruit Pot	Fruit Cocktail served with Frozen Yoghurt	Homemade Biscuits
	Cream Crackers & Cheese	Raisin & Sultana Bag	Fruit Yoghurt	Apple Compote	Raisin & Sultana Bag
	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters	Fresh Mixed Fruit Platters
Teatime Club	Half a Jacket Potato served with Cheese or Tuna & Salad	Baked Fish Fingers with Baked Beans	Beans or Cheese on Toast	Baked Vegetable Nuggets served with Salad	A Selection of Filled Rolls
	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit	A Selection of Fresh Fruit



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